



Wednesday 4th September 2024

## **Free Breakfast Clubs Provision**

Dear Parents/Carers,

I am excited to share some wonderful news with you regarding a new initiative that I am rolling out across all the schools within our federation: the Breakfast Club provision. As the Federation Headteacher, I am fully aware of the challenges some families are facing due to the rising cost of living. With this in mind, I have decided to offer a <u>free</u> Breakfast Club at each of our schools to support both our children and their families.

There are many benefits to our Breakfast Clubs that I believe will make a real difference to your child's well-being and academic success. These include:

## **Improved Nutrition**

We all know how important a healthy breakfast is for children's growth and development. By providing a nutritious start to the day, I am helping to ensure that your child has the energy and focus they need to succeed in the classroom.

### **Enhanced Educational Attainment**

Research has shown that children who eat breakfast regularly perform better in school. By ensuring they have a healthy meal in the morning, I am supporting their ability to concentrate and excel academically.

# **Support with Childcare**

Mornings can be a hectic time and I understand the pressures that come with balancing work, family and other responsibilities. Our Breakfast Clubs provide a safe and secure environment for your child before school, giving you peace of mind and some extra flexibility in the morning.

# A Safe and Secure Environment

The Breakfast Clubs are not just about food; they are also about creating a calm and welcoming space for your child to start their day. It is an opportunity for them to socialize with friends and ease into the school day in a relaxed setting.

### **Breakfast Club Details**

I am pleased to inform you that the Breakfast Clubs at Foulsham Primary School and Antingham & Southrepps Primary and Nursery began on <u>Wednesday 4th September 2024</u>, from <u>7:30am</u> to <u>8:30am</u>. If your child attends Corpusty Primary School, their Breakfast Club will start on <u>Monday 9th September 2024</u>, from <u>7:30am</u> to <u>8:30am</u>.

#### Capacity

Please be aware that each club is limited to 12 children.





### Menu

The food provided at the Breakfast Clubs will include a selection of cereals, toast, water and waffles.

# **How to Register**

If you would like to register your child for the Breakfast Club or if you have any questions, please contact the office at your child's school. We are here to help and can guide you through the registration process.

I believe that this initiative will be a great support to our families and will help ensure that all our children start their day with a nutritious meal in a positive and secure environment. I am excited to see the positive impact this will have on our children.

Thank you for your continued support and I look forward to seeing your child at the Breakfast Club.

Kind regards,

Mr M Elcock

Federation Headteacher